



## Return to School for Sick Children During Covid-19

Covid-19 can cause very mild and brief symptoms in children. It can also cause atypical symptoms beside the usual symptoms seen in adults. Because of this, AISL has implemented the following requirements before an ill student can return to campus.

**First**, an ill student must be recovered from the major symptoms of their illness for at least 24 hours. For example, if fever was present, the child should be fever free for at least 24 hours without any fever reducing medicine (paracetamol, ibuprofen).

**Next**, AISL requires either of the below two options for **medical clearance** to return to school.

### Medical clearance options (*any one of the below options*):

- 1) **Original hard copy of negative COVID-19 test during illness period**  
(PCR and rapid antigen tests are acceptable. Rapid antibody or serology tests are not acceptable).  
**or**
- 2) **Clinical evaluation by a licensed medical professional, either of the following:**
  - a. **Physician's office** – Original hard copy of signed and dated AISL medical clearance form  
**or**
  - b. **AISL nurse clearance** – Child reviewed by our AISL nurse, who will complete AISL medical clearance form and then consult with the AISL COVID Committee for final approval. All shared information will remain confidential. **Contact AISL nurse Ntate Sengovuka to arrange an appointment at +266 5888 7263.**

**Siblings of ill children:** Please note that siblings living in the same household as the ill child and who also attend AISL will need to participate in online learning until the ill child has been medically cleared, assuming the sibling continues to be without symptoms. If siblings also become ill they will need to be similarly medically cleared as detailed above.

### ***So what's the bottom line?***

### **3 steps for students to return to AISL after an illness:**

- 1) Child's major illness symptoms resolved for at least 24 hours **and**
- 2) Obtain medical clearance for your child as per instructions above **and**
- 3) Submit for final approval to AISL as below:
  - If medical clearance obtained **outside of AISL** (i.e., negative COVID test or clinical evaluation) then arrange appointment with AISL nurse Ntate Sengovuka at +266 5888 7263 to review original medical clearance documents for approval **or**
  - If medical clearance obtained **with AISL nurse**, then wait for confirmation of approval from AISL nurse Ntate Sengovuka.

**Once these 3 steps are successfully completed, your child may return to school**